

FRIENDS OF THE EUROPEAN HEALTHY LIFESTYLE ALLIANCE **(EHLA)**

1. What is EHLA?

The European Healthy Lifestyle Alliance (EHLA), an initiative of the International Chair on Cardiometabolic Risk (ICCR), is an international non-profit association based in Brussels, Belgium. Such as its founding father, EHLA is scientifically based, multidisciplinary and independent. The platform is gathering *friends* from various fields in health, nutrition, physical activity, consumers, politics and science, encouraging debate on lifestyle issues at the European level. EHLA wishes to work with the European institutions and stakeholders as a consultative body, giving access to the scientific expertise provided by the ICCR. The association is providing the European decision-makers with scientific evidence on the impact of obesity and related health risks and the need for lifestyle changes. Together with other stakeholders, EHLA wants to formulate actions and recommendations on what the EU and its citizens - and we as professionals- can do jointly to halt abdominal obesity.

2. Who can become a friend of EHLA?

Friends of EHLA shall fulfill the following non-exhaustive criteria, inter alia:

- Actively involved in healthy lifestyle promotion;
- A non-profit organization;
- A Non-governmental organization;
- a European Federation or think-tank;
- an academic body or individual;
- a health body or professional;
- an EU official;
- Friends of EHLA shall be admitted by the executive Board at a two third majority;
- Friends of EHLA must not conduct political influence on the association;
- Friends of EHLA shall accept the statutes and the rules of the association and its obligations;
- Friends of EHLA must not show conflict/duality of interest.

3. Join EHLA today!

By becoming a friend of EHLA you will get:

- EHLA monthly newsletter on latest scientific and EU developments;
- Access to the EHLA scientific background;
- Promotion of your events on the EHLA website;
- Promotion of your activities on the EHLA website or newsletter;
- Link to your organization on the EHLA website;
- The right to participate to EHLA quarterly meetings on activities and strategy.

4. Applications

To become a friend of EHLA, a written or electronic application (see form below) shall be submitted to the Executive Board.

- a. In case an application becomes rejected the applicant is entitled to an explanation.
- b. Members of the Executive Board can suggest new friends to the association in which case no formal application is required. The requirements and the further admission process remain unchanged in this case.
- c. The duration of the participation of a friend shall last one year renewable.

To apply to become a friend of EHLA, please write to complete the form below and send it back to info@ehla-europe.eu.

The application to become a friend of EHLA is made on **[Date]** in **[City]** by the following individual:

First name: Click here to enter text.

Last name: Click here to enter text.

Title: Click here to enter text.

Organisation: Click here to enter text.

Address: Click here to enter text.

Postcode: Click here to enter text.

City: Click here to enter text.

Country: Click here to enter text.

Website: Click here to enter text.

In applying to become a friend of EHLA, our organisation agrees to abide by the Statutes and rules of the house, and commits to share the aims and objectives of EHLA. We also commit to respect the confidentiality of information shared at EHLA meetings and through other mechanisms.

Signature: